

BIG IDEA

Most people live life looking to take rather than give. Being generous is an important attribute to teach and model for our children. Giving can fuel the general happiness and wellbeing in not only the person that we help, but also in us when we give. Generosity demonstrates that we truly value others and are willing to reach out and meet their needs. Spend time this month as a family talking about generosity and ways you can be generous at home, at school, and in your community.



ACT IT OUT

At Home: Generosity is not just about giving money, but can also include giving your time. Teach your child that time is sometimes more valuable than money and giving someone your time can be very generous. Talk with your child about sacrificing screen time to be a help around your household or spending time building relationships.

At School: Your school is often in need of both time and funds to help support your student. Get involved in your school's fundraising efforts by supporting your parent involvement group through volunteerism. Look for volunteer opportunities where you and your child can serve their school together. Another way can be by giving financially. Talk with your child about ways they can raise money to give to their school. Set a goal and help them reach it.

In Community: The holiday season is a great time to model generosity in your community. Many families may feel the financial strain of the season on their household. Research local organizations in your community (Angel Tree, Toys for Tots, etc.) that provide gifts and food to local families. Find out how to get involved. Go as a family to shop for toys, clothing, and food that you can donate to these organizations.

TALK ABOUT IT



Week 1: Why is it important to be generous in our family? At our school? In our community?

Week 2: How can our family show generosity? What do we need to do to make it happen?

Week 3: What's the most generous thing that has happened to our family? How did it make us feel?

Week 4: Did our family show generosity this month? How does our family feel about it? Did we do our best?

CALENDAR YOUR KIDS



On your child's birthdate day, schedule a specific time to spend with your child. *Example: Your child's birthday is 10/15. You would plan time for that child on the 15th of each month.*

Beginner Idea: Spend time with your child talking about how you feel when you get to spend one-on-one time with just them.

Advanced Idea: Take your child out for a meal through a drive-thru. On the way there, talk about generosity and tell them that when you go to pay for your meal, you're going to pay for the order behind you. Eat your meal in a park or back at home. Talk about how you feel and how the other person feels.